

Many are asking how they can support our immigrant and refugee communities during these uncertain times. By virtue of our baptism, we are called to serve in our communities and families as priest, prophet and king. Consider living your baptismal call to welcome the stranger (Matthew 25:35) by using this step-by-step process to pray, discern, and act.

PRAY

GROUND YOURSELF AND YOUR FAMILY IN PRAYER: As a priestly people, before we take any action in the world, we are called to ground ourselves and our families in prayer. We must do this both privately in the domestic church and publicly through full, active and conscious participation in the sacrifice of the Mass. Please pray for our migrant and refugee communities. If you don't know where to start, consider praying with Matthew 25:31-46 as well as Matthew 2:7-23. Consider bringing the lives of immigrants and refugees into your prayer as you receive the Eucharist.

# **EDUCATE**

EDUCATE YOURSELF, YOUR FAMILY, & YOUR PARISH: As a prophetic people, it is our responsibility to form our consciences in the Catholic faith in order to act as disciples in the world. The United States Catholic Bishops Conference has provided an excellent resource for individual, family or parish wide study to learn about Catholic teaching on immigration and the dignity of the human person. Visit www.usccb.org/issues-and-action/human-life-and-dignity/immigration/catholic-teaching-on-immigration-and-the-movement-of-peoples to learn more or scan the QR code to the right.



## DONATE



DONATE TO CATHOLIC IMMIGRATION LEGAL SERVICES: As a kingly people, the most helpful thing you can do to support those concerned about immigration is to provide professional legal assistance. Catholic Immigration Legal Services provides professional legal assistance at a fraction of the cost of most immigration legal services, but it is still expensive for many folks facing immigration concerns. Please consider donating by visiting ccsww.org/funds/donate-catholic-immigration-legal-services or using the QR code on the left.

### **ADVOCATE**



ADVOATE FOR IMMIGRANTS & REFUGEES: As a prophetic people, it is important that we use our well-formed consciences to advocate and vote for "the stranger," as Christ calls us to do. The Bishops of Washington State through the Washington State Catholic Conference provide guidance and action alerts for important bills that protect the rights and dignity of the human person, including migrants and refugees. Please consider joining the WSCC network to receive email alerts to advocate for immigrants to our policymakers when the opportunities arise. Use the QR code on the left to sign up.

## SUPPORT YOUTH

SUPPORT YOUTH IMMIGRANTS & REFUGEES: Many of the youth in our migrant families are scared and alone at this time. Anything we can do as a kingly people to support them and stand in solidarity will benefit our communities. Consider volunteering with the Catholic Community Services Youth Tutoring program. Use the QR code below to fill out the form to get started.





The resources below were selected from the comprehensive list provided by the Archdiocese of Seattle office for Immigrants and Refugees. To view the full list visit archseattle.org/ministries/outreach-ministries/immigrant-refugee-ministry or scan this QR code on the left.





SUPPORT ADULT IMMIGRANTS & REFUGEES: As a kingly people, we are called to sacrificial giving of ourselves. Consider the opportunity to volunteer with St. James Cathedral in the areas of ESL tutors, citizenship tutors, and refugee accompaniment and support. Visit <a href="https://www.stjamescathedral.org/immigrant/GetInvolved/Voluneer.aspx">www.stjamescathedral.org/immigrant/GetInvolved/Voluneer.aspx</a> or use this OR code

## ACCOMPANY

ACCOMPANIMENT PROGRAM FOR IMMIGRATION APPOINTMENTS: The WAISN Accompaniment Program supports immigrant and refugee community members navigating crucial legal and administrative appointments in Washington State. Attending these appointments can be stressful and challenging, especially when facing legal issues or immigration proceedings. Visit waisn.org/accompaniment-brochure or use this QR code

