

FIRST FRIDAY
SACRED HEART DEVOTION



ST. ANTHONY CATHOLIC CHURCH
RENTON, WA

EXPOSITION OF THE BLESSED SACRAMENT

**O Salutaris Hostia
Quæ cæli pandis ostium;
Bella premunt hostilia,
Da robur, fer auxilium.**

O Saving Victim opening wide
The gate of heaven to all below.
Our foes press on from every side;
Thine aid supply, Thy strength bestow.

**Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria
Amen.**

To Thy great name be endless praise
Immortal Godhead, One in Three;
Oh, grant us endless length of days,
In our true native land with Thee.
Amen.

THE LITANY OF THE SACRED HEART OF JESUS

Priest: Lord, have mercy on us

Priest: Lord, have mercy on us, Christ, hear us

Priest: God the Father of heaven

Priest: God the Son, Redeemer of the world

Priest: God the Holy Spirit

Priest: Holy Trinity, One God

Priest: Heart of Jesus, Son of the Eternal Father

Priest: Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother

Priest: Heart of Jesus, substantially united to the Word of God...

Priest: Heart of Jesus, of Infinite Majesty...

Priest: Heart of Jesus, Holy Temple of God...

Priest: Heart of Jesus, Tabernacle of the Most High...

Priest: Heart of Jesus, House of God and Gate of Heaven...

Priest: Heart of Jesus, glowing furnace of charity...

Priest: Heart of Jesus, vessel of justice and love...

Priest: Heart of Jesus, full of goodness and love...

Priest: Heart of Jesus, abyss of all virtues...

Priest: Heart of Jesus, most worthy of all praise...

Priest: Heart of Jesus, king and center of all hearts...

Priest: Heart of Jesus, in whom are all the treasures of wisdom and knowledge...

Priest: Heart of Jesus, in whom dwells the fullness of Divinity...

Priest: Heart of Jesus, in whom the Father is well pleased...

Priest: Heart of Jesus, of whose fullness we have all received...

Priest: Heart of Jesus, desire of the everlasting hills...

Priest: Heart of Jesus, patient and full of mercy...

Priest: Heart of Jesus, enriching all who invoke You...

Priest: Heart of Jesus, fountain of life and holiness...

Priest: Heart of Jesus, propitiation for our sins...

Priest: Heart of Jesus, loaded down with reproaches...

All: Christ, have mercy on us

All: Christ, graciously hear us

All: Have mercy on us

All: Have mercy on us

All: Have mercy on us

All: Have mercy on us

All: Have mercy on us

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Priest: Heart of Jesus, bruised for our offenses...
Priest: Heart of Jesus, obedient even unto death...
Priest: Heart of Jesus, pierced with a lance...
Priest: Heart of Jesus, source of all consolation...
Priest: Heart of Jesus, our life and resurrection...
Priest: Heart of Jesus, our peace and reconciliation...
Priest: Heart of Jesus, victim for our sins...
Priest: Heart of Jesus, salvation of those who trust in You...
Priest: Heart of Jesus, hope of those who die in You...
Priest: Heart of Jesus, delight of all the Saints...

All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us
All: Have mercy on us

Priest: Lamb of God, who takes away the sins of the world,
All: Spare us, O Lord.
Priest Lamb of God, who takes away the sins of the world,
All: Graciously hear us, O Lord.
Priest: Lamb of God, who takes away the sins of the world,
All: Have mercy on us, O Lord.
Priest: Jesus, meek and humble of Heart,
All: Make our hearts like Yours.

Priest: Let us pray.

All: O Almighty and Eternal God, look upon the Heart of Your dearly beloved Son, and upon the praises and satisfaction He offers You in the name of sinners --- and for those who seek Your mercy; be appeased and grant us pardon, in the name of the same Jesus Christ, Your Son, who lives and reigns with You, in the unity of the Holy Spirit, world without end. Amen.

CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS

Priest: Most sweet Jesus,

All: Redeemer of the human race, look down upon us humbly prostrate before Your altar. We are Yours, and Yours we wish to be but to be more surely united with You, behold each one of us freely consecrates himself today to Your Most Sacred Heart. Many indeed have never known You; many too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart. You are King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house lest they die of wretchedness and hunger. You are King of those who are deceived by erroneous opinions, or whom discord keeps aloof; call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd. Grant, O Lord, to Your Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to It be glory and Honor forever. Amen.

PROMISES OF THE SACRED HEART OF JESUS TO ST. MARGARET MARY ALACOQUE

Priest: "I will give them all the graces necessary in their state in life."

All: O Sacred Heart of Jesus, grant us the grace to fulfill faithfully the duties of our state in life.

Priest: "I will establish peace in their homes."

All: O Sacred Heart of Jesus, bless our homes with Your sweet peace.

Priest: "I will comfort them in their afflictions."

All: O Sacred Heart of Jesus, console us in the hour of affliction.

Priest: "I will be their secure refuge during life, and above all in death."

All: O Sacred Heart of Jesus, secure us in Your Sacred Heart and assist us in the hour of death.

Priest: "I will bestow a great blessing upon all their undertakings"

All: O Sacred Heart of Jesus, crown our efforts with success.

Priest: "Sinners shall find in My Heart the source and the infinite ocean of mercy."

All: O Sacred Heart of Jesus, show forth to sinners the depths of Your mercy.

Priest: "Tepid souls shall grow fervent."

All: O Sacred Heart of Jesus, inflame our hearts with zeal for Your kingdom.

Priest: "Fervent souls shall quickly mount to high perfection."

All: O Sacred Heart of Jesus, aid us to greater perfection.

Priest: "I will bless every place where a picture of My Heart shall be set up and honored."

All: O Sacred Heart of Jesus, let Your Sacred Image bring blessings upon our homes.

Priest: "I will give to priests the gift of touching the most hardened hearts."

All: O Sacred Heart of Jesus, grant the grace of repentance to wayward sinners.

Priest: "Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out."

All: O Sacred Heart of Jesus, engrave our names to Your Sacred Heart.

Priest: "I promise you, in the excessive mercy of My Heart, that My all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months, the grace of final perseverance; they shall not die in My disgrace, nor without receiving the Sacraments; My Divine Heart shall be their safe refuge in this last moment."

All: O Sacred Heart of Jesus, be our solace in death, and grant us the grace of final perseverance. Amen