



Warm up this Winter with Adult Faith Formation - 2020

Attention School Parents: Attending any of these events goes towards meeting your in-parish tuition Adult Education requirement!

Discernment of Spirits

Wednesday, January 8



Presenter:

**Fr. Jack
Shrum**

7:00PM in the Church

How does one know if something is from God or the Evil One? Is knowing the difference possible? Is discerning between good and bad spirits really that big of a deal? The answers are: Discernment, and Yes, and **YES!!** Come hear Fr Jack share why discernment of spirits is vitally important today and how St Ignatius of Loyola can help us grow as disciples of Jesus.

Fr. Jack Shrum is the pastor of St. Anthony Parish and an Ignatian Spiritual Director. Originally from Montana, he studied theology for 7 years at Mount Angel Seminary where he also learned iconography. Ordained to the priesthood for the Archdiocese of Seattle in June of 2008, Fr. Jack enjoys writing icons, leading pilgrimages, and preaching on the Saints and spiritual discernment.

Theology of the Body:

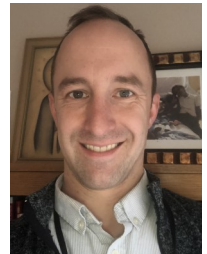
*A Crash-Course for Parents
and Other Caring Adults*

Wed, February 12

Presenter:

Nick Schoen

7:00PM in the Music Center



What is human love? Does human sexuality have meaning? Speaking as a catechist, medical professional and parent, Nick will share the basics of TOB and how this basis can deepen cradle-Catholic faith, increasing the freedom to love as a disciple of Jesus. Our High School Youth Group is investigating Pope St John Paul II's *Theology of the Body* (TOB) this winter - and we want you to be prepared too!

Nick Schoen is a parishioner at St. Philomena in Des Moines where he has had the privilege of teaching *Theology of the Body for Teens* to confirmation candidates since 2009. He is a registered nurse with 11 years experience, now working in the Office of the Vicar for Clergy as an extension of the Archbishop's supervisory care and support of clergy in Western WA. Nick lives in Des Moines with his wife of 14 years, Carina, and their six children.



"Unfailing Grace" Mon-Wed, March 2-4

A 3-Day Parish Mission with Julie Carrick

Mon, March 2 @ 9am & 7pm **EVANGELIZATION: Baptism Boldly Lived in Daily Life**

Tues, March 3 @ 9am & 7pm **RECONCILIATION: Healing, Restoration & Strength**

Wed, March 4 @ 10am & 7pm **EUCCHARIST: Christ's Extreme Love & Our Personal Relationship with Him**

Julie Carrick is best described as a *Catechetical Artist*, combining her experience and work as a Catholic Recording Artist, Author and Speaker. Julie uses music along with the spoken word to bring the teachings of the Catholic Faith from the head to the heart. She and her husband Kurt are parishioners in the Archdiocese of Phoenix, AZ.